

Help Your Baby Learn Thru Play

Playing helps your infant develop interests and abilities



Months

From 0 - 2 months

Infants enjoy seeing and hearing interesting things.



Infants like to see bright colors, simple designs, high contrast

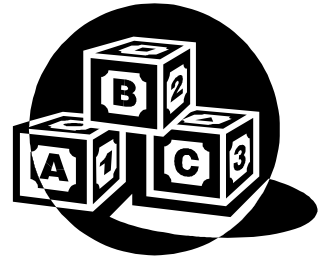
to



Months

Types of toys

Rattles
Teethers
Sturdy cloth toys
Squeeze toys
Keys on ring
Interlocking plastic rings
Soft/texture balls



Months

From 7 - 12 months

Infants show interest for longer periods of time. They begin to show greater ability between 10 - 12 months. Infants like to:

bang, insert, poke, twist
open and shut
empty and fill
fitting one into another
pressing lever
pushing balls and cars

to



Months

Types of toys

Soft blocks
Teethers
Sturdy cloth toys
Playpen puzzles
Activity boxes/cubes
Easy pop-up boxes



As you play together your baby develops abilities and interests

0

Month to

6

Months

Follows objects with eyes

Learns to localize sound and turns to see

Discovers feet

Explores with eyes, ears and begins to
explore with hands, feet and mouth

Begins to recognize familiar people,
objects, events

Develops preference for people, objects,
events

Begins to smile at faces, voices

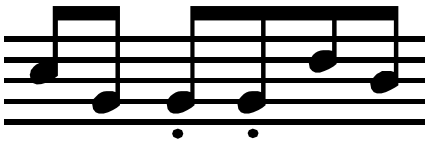
Seeks attention and contact with people

Begins to coo, gurgle, babble and laugh
out loud

Listens to voices and imitates sounds

*Sing-a-long for you and baby
Be sure to do the hand motions*

The Itsy Bitsy Spider



The itsy, bitsy spider,
climbed up the water spout.
Down came the rain and
washed the spider out.

Out came the sun
and dried up all the rain,
So the itsy, bitsy spider
went up the spout again.



7

Month to

12

Months

Begins to sit alone

Begins to pull to stand

Begins to hold objects with one hand

Wants to bang, insert, drop, shake, throw

Interest in appearing and disappearing

Likes to empty cupboards and drawers

Remembers people, object, games, actions

May fear strangers

Watches and may imitate others

Sensitive to social approval/disapproval

Recognizes own name